

## Changpa Tribes

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Changpa Tribes are losing their land due to corporates in Ladakh.



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### **About Changpa Tribes:**

- The Changpa Tribes, with their Tibetan roots, inhabit **Eastern Ladakh**.
- These communities lead a **semi-nomadic lifestyle**, moving between different areas based on their needs.

#### **Livelihood:**

- The main source of income for the **Changpa Tribes** is **pastoralism**.
- They primarily rear **Changra goats**, known for their precious Pashmina fibre, and yaks, which are central to their way of life.

#### **Housing:**

- Their traditional homes are called **Reboo**, unique conical tents crafted from yak skin, representing their rich cultural heritage.

#### **Cultural Identity:**

- The Changpa people practice **Tibetan Buddhism** and speak **Changskhat**, a dialect of Tibetan, showcasing their deep cultural roots.

#### **Lifestyle Variations:**

There are two distinct groups within the Changpa community:

- The **Phalpa** are nomadic, traveling with their herds between the Hanley Valley and Lato areas.
- The **Fangpa**, in contrast, are sedentary and live in six isolated settlements in Hanley.

**Community Bonds:**

- There is a strong sense of community among the Changpa, with intermarriage being common between the **Phalpa** and **Fangpa groups**.